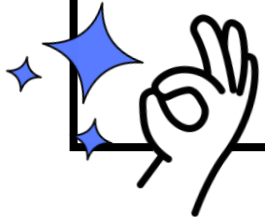


**BUN &  
BOWL**



# **ALLERGEN INFORMATION**





## **Allergen Information**

**We handle multiple allergens in our kitchens and cannot guarantee any item is allergen free.**

**We prepare our food in kitchens where allergens are present and shared equipment is used.**  
**e.g. we cook fries in same oil with other food may contain cereals**

**Although we handle your meal with care, we cannot ensure it is allergen free, even if requested ingredients are removed.**

**For any further information please contact our staff, we will be happy to assist.**

**1-Cereals (1.1-Wheat 1.2-Rye 1.3-Barley 1.4-Oats)  
2-Nut 3-Dairy 4-Eggs 5-Sesame 6-Fish 7-Crustacean  
8-Molluscs 9-Peanuts 10-Soya 11-Celery  
12-Mustard 13-Sulphur Dioxide 14-Lupin**

**We Use 100% Fresh Irish Beef**  
**We Use 100% Fresh Chicken Breast**

\*Across our buttermilk chicken range.

**We Use 100% Fresh Irish Milk**

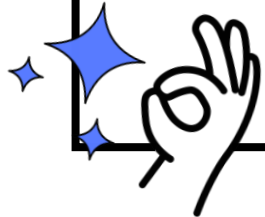




# BUN & BOWL

## CONTENT

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<b>SALAD</b> .....	<b>12</b>
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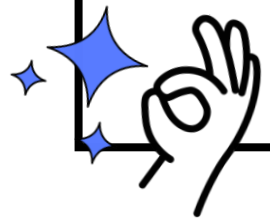
# BUN & BOWL Updated 05/05/2026



<b>Additional Information:</b> ✓: contains allergens *: may contains allergens V: vegetarians VG: for vegans    🌶️: mild hot 🌾: gluten free    🌶️: medium hot	<b>Cereal: Wheat</b>	<b>Cereal: Rye</b>	<b>Cereal: Barley</b>	<b>Cereal: Oats</b>	<b>Nuts</b>	<b>Dairy</b>	<b>Eggs</b>	<b>Sesame</b>	<b>Fish</b>	<b>Crustacean</b>	<b>Molluscs</b>	<b>Peanuts</b>	<b>Soya</b>	<b>Celery</b>	<b>Mustard</b>	<b>Sulphur</b>	<b>Lupin</b>
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## NIBBLES

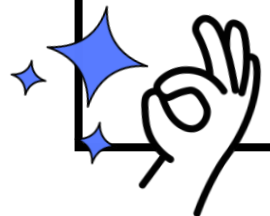
<b>Spring Rolls</b> V VG	✓						✓						✓				
<b>Sesame Duck Roll</b>	✓						✓						✓				
<b>Chicken Gyoza</b>	✓						✓						✓				
<b>Veggie Gyoza</b> V VG	✓						✓						✓				
<b>Satay Skewers (Chicken)</b>	*				✓	✓	*	*				✓	*				
<b>Satay Skewers (Prawn)</b>	✓				✓		✓	✓		✓		✓	*				
<b>Satay Skewers (Tofu)</b> V VG	*				✓		*	*				✓	✓				
<b>Salt &amp; Chilli Bites (Chicken)</b> 🌶️	✓					*	*	*					*	✓			
<b>Salt &amp; Chilli Bites (Prawn)</b> 🌶️	✓						✓	✓		✓			*	✓			



# BUN & BOWL Updated 05/05/2026



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<b>Salt &amp; Chilli Bites</b> (Tofu) V VG	*												√	√			
<b>Spicy Bag</b> (Chicken) 🌶️	√					*	*	*					*	√			
<b>Spicy Bag</b> (Prawn) 🌶️	√						√	√		√			*	√			
<b>Spicy Bag</b> (Tofu) V VG 🌶️	*												√	√			
<b>Wild Wings</b> (Buffalo) 🌶️	√					√								√	√		
<b>Wild Wings</b> (BBQ)	√												√	√	√		
<b>Wild Wing</b> (Salt & Chilli) 🌶️	√													√	√		
<b>NOODLES &amp; RICE</b>																	
<b>BnB's Fry Noodles</b> (Chicken)	√							√					√	√			
<b>BnB's Fry Noodles</b> (Beef)	√							√					√	√			





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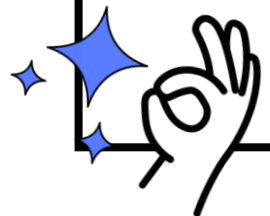
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<b>BnB's Fry Noodles (Prawn)</b>	✓							✓		✓			✓	✓			
<b>BnB's Fry Noodles (C.B.P.)</b>	✓							✓		✓			✓	✓			
<b>BnB's Fry Noodles (Tofu) V VG</b>	✓							✓					✓	✓			
<b>BnB's Fry Noodles (Vegetables) V VG</b>	✓							✓					✓	✓			
<b>Singapore Fry Noodles (Chicken)</b>	✓				*			✓				*	✓	✓	✓		
<b>Singapore Fry Noodles (Beef)</b>	✓				*			✓				*	✓	✓	✓		
<b>Singapore Fry Noodles (Prawn)</b>	✓				*			✓		✓		*	✓	✓	✓		
<b>Singapore Fry Noodles (C.B.P.)</b>	✓				*			✓		✓		*	✓	✓	✓		
<b>Singapore Fry Noodles (Tofu) V VG</b>	✓				*			✓				*	✓	✓	✓		
<b>Singapore Fry Noodles (Vegetables) V VG</b>	✓				*			✓				*	✓	✓	✓		





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<b>BnB's Fry Rice (Chicken)</b>	✓						✓	✓					✓	✓			
<b>BnB's Fry Rice (Beef)</b>	✓						✓	✓					✓	✓			
<b>BnB's Fry Rice (Prawn)</b>	✓						✓	✓		✓			✓	✓			
<b>BnB's Fry Rice (C.B.P.)</b>	✓						✓	✓		✓			✓	✓			
<b>BnB's Fry Rice (Tofu) V</b>	✓						✓	✓					✓	✓			
<b>BnB's Fry Rice (Vegetables) V</b>	✓						✓	✓					✓	✓			
<b>Singapore Fry Rice (Chicken)</b>	✓				*		✓	✓				*	✓	✓	✓		
<b>Singapore Fry Rice (Beef)</b>	✓				*		✓	✓				*	✓	✓	✓		
<b>Singapore Fry Rice (Prawn)</b>	✓				*		✓	✓		✓		*	✓	✓	✓		
<b>Singapore Fry Rice (C.B.P.)</b>	✓				*		✓	✓		✓		*	✓	✓	✓		





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Singapore Fry Rice (Tofu) V	✓				*		✓	✓				*	✓	✓	✓		
Singapore Fry Rice (Vegetables) V	✓				*		✓	✓				*	✓	✓	✓		
<b>BOWL</b>																	
Katsu Curry 'Kare Raisu' (Chicken)	✓						✓	✓					✓	✓	✓		
Katsu Curry 'Kare Raisu' (Beef)	✓						✓	✓					✓	✓	✓		
Katsu Curry 'Kare Raisu' (Prawn)	✓						✓	✓		✓			✓	✓	✓		
Katsu Curry 'Kare Raisu' (C.B.P.)	✓						✓	✓		✓			✓	✓	✓		
Katsu Curry 'Kare Raisu' (Tofu) V VG	✓						✓	✓					✓	✓	✓		
Katsu Curry 'Kare Raisu' (Vegetables) V VG	✓						✓	✓					✓	✓	✓		
Black Bean 'Dau Si' (Chicken)	✓							✓					✓				





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<b>Black Bean 'Dau Si' (Beef)</b>	✓							✓					✓				
<b>Black Bean 'Dau Si' (Prawn)</b>	✓							✓		✓			✓				
<b>Black Bean 'Dau Si' (C.B.P.)</b>	✓							✓		✓			✓				
<b>Black Bean 'Dau Si' (Tofu) V VG</b>	✓							✓					✓				
<b>Black Bean 'Dau Si' (Vegetables) V VG</b>	✓							✓					✓				
<b>Hot Spicy 'Kung Pao' (Chicken) 🌶️</b>	✓				✓			✓					✓				
<b>Hot Spicy 'Kung Pao' (Beef) 🌶️</b>	✓				✓			✓					✓				
<b>Hot Spicy 'Kung Pao' (Prawn) 🌶️</b>	✓				✓			✓		✓			✓				
<b>Hot Spicy 'Kung Pao' (C.B.P.) 🌶️</b>	✓				✓			✓		✓			✓				
<b>Hot Spicy 'Kung Pao' (Tofu) V VG 🌶️</b>	✓				✓			✓					✓				





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<b>Hot Spicy 'Kung Pao'</b> (Vegetables) V VG 🌶️	√				√			√					√				
<b>Sweet &amp; Sour 'Gu Lao'</b> (Chicken)	√					*	*	*					*	*			
<b>Sweet &amp; Sour 'Gu Lao'</b> (Prawn)	√					*	*	*		√			*	*			
<b>Sweet &amp; Sour 'Gu Lao'</b> (Tofu) V VG	*					*	*	*					√	*			
<b>Thai Sweet Chilli 'Nam Chim Kai'</b> (Chicken)	√					*	*	√					√	*			
<b>Thai Sweet Chilli 'Nam Chim Kai'</b> (Beef)	√					*	*	√					√	*			
<b>Thai Sweet Chilli 'Nam Chim Kai'</b> (Prawn)	√					*	*	√		√			√	*			
<b>Thai Sweet Chilli 'Nam Chim Kai'</b> (C.B.P.)	√					*	*	√		√			√	*			
<b>Thai Sweet Chilli 'Nam Chim Kai'</b> (Tofu) V VG	√					*	*	√					√	*			
<b>Thai Sweet Chilli 'Nam Chim Kai'</b> (Vegetables) V VG	√					*	*	√					√	*			





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Roast Peanut 'Sate' (Chicken)	*				✓		*	*				✓	*				
Roast Peanut 'Sate' (Beef)	*				✓		*	*				✓	*				
Roast Peanut 'Sate' (Prawn)	*				✓		*	*		✓		✓	*				
Roast Peanut 'Sate' (C.B.P.)	*				✓		*	*		✓		✓	*				
Roast Peanut 'Sate' (Tofu) V VG	*				✓		*	*				✓	✓				
Roast Peanut 'Sate' (Vegetables) V VG	*				✓		*	*				✓	*				
Thai Red Curry 'Kaeng Phet' (Chicken) 🌶️	*									✓	✓		*		*		
Thai Red Curry 'Kaeng Phet' (Beef) 🌶️	*									✓	✓		*		*		
Thai Red Curry 'Kaeng Phet' (Prawn) 🌶️	*									✓	✓		*		*		
Thai Red Curry 'Kaeng Phet' (C.B.P.) 🌶️	*									✓	✓		*		*		





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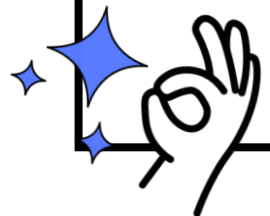
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Thai Red Curry 'Kaeng Phet' (Tofu) 🌶️	*								✓	✓			✓		*		
Thai Red Curry 'Kaeng Phet' (Vegetables) 🌶️	*								✓	✓			*		*		
<b>TENDER</b>																	
Buttermilk Tenders	✓					✓		*								✓	
Bacon & Cheese Tenders	✓					✓		*								✓	
Buffalo Tenders 🌶️	✓					✓	✓	*								✓	
BBQ Tenders	✓					✓	✓	*					✓			✓	
Hot Honey Tenders 🌶️	✓					✓	✓	*								✓	
<b>BURGER</b>																	
BnB Hamburger	✓					✓	✓	*					*			✓	





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<b>Classic</b>	√					√	√	*					*		√		
<b>Double Smashed Burger</b>	√					√	√	*					*		√		
<b>Triple Smashed Burger</b>	√					√	√	*					*		√		
<b>Bacon &amp; Cheese Chicken</b>	√					√	√	*					*		√		
<b>Classic Crispy Chicken</b>	√					√	√	*					√	√	√		
<b>Buffalo Chicken Burger</b> 🌶️	√					√	√	*					√	√	√		
<b>BBQ Chicken Burger</b>	√					√	√	*					√	√	√		
<b>Beyond</b> V	√					√	√	*					*		√		
<b>Beyond</b> <b>(Vegan)</b> V VG 🌾						*	*	√					√				





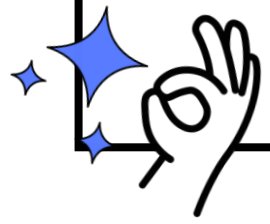
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Cereal: Wheat	Cereal: Rye	Cereal: Barley	Cereal: Oats	Nuts	Dairy	Eggs	Sesame	Fish	Crustacean	Molluscs	Peanuts	Soya	Celery	Mustard	Sulphur	Lupin
---------------	-------------	----------------	--------------	------	-------	------	--------	------	------------	----------	---------	------	--------	---------	---------	-------

## BUILD IT UP FOR BURGER

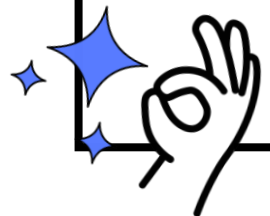
<b>American Cheese</b> V 🌾					√											
<b>Bacon</b> 🌾																
<b>Onion Rings</b> V VG	√						*							√		
<b>Grilled Onion</b> V VG 🌾																
<b>Crispy Onion</b> VG VG	√															
<b>Lettuce</b> V VG 🌾																
<b>Tomato</b> V VG 🌾																
<b>Fresh Onion</b> V VG 🌾																
<b>Jalapenos</b> V VG 🌾 🌶️																





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<b>Pickle</b> V VG ☯																	
<b>Gluten Free Bun</b> V VG ☯						*	*	√					√				
<b>SALAD</b>																	
<b>Classic Caesar Salad</b>	√					√	√									√	
<b>Classic Caesar Salad (Buttermilk Fried Chicken)</b>	√					√	√	*							√		
<b>Classic Caesar Salad (Shredded Chicken)</b>	√					√	√							√	√		
<b>Classic Caesar Salad (Grilled Chicken)</b>	√					√	√								√		
<b>FRIES &amp; SIDES</b>																	
<b>Seasoned Fries</b> V VG	*																
<b>Warm Cheese Loaded Fries</b> V	*					√											





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<b>Garlic Parmesan Loaded Fries</b> V	*					√	√								√		
<b>Curry &amp; Cheese Loaded Fries</b> V	√					√							√	√			
<b>Buffalo &amp; Cheese Loaded Frie</b> V 🌶️	*					√	√								√		
<b>BBQ &amp; Cheese Loaded Fries</b> V	*					√	√						√		√		
<b>Salt &amp; Chilli Loaded Fries</b> V VG 🌶️	*													√			
<b>Sweet Potato Fries</b> V VG	*																
<b>Beer Buttered Onion Rings</b> V VG	√							*							√		
<b>Boil Rice</b> V VG 🚫																	
<b>Eggy Fried Rice</b> V	√						√	√					√				
<b>Fried Noodles</b> V VG	√							√					√				





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<b>Stir-Fry Vegetables</b> V VG	✓							✓					✓				
<b>SAUCE &amp; DIPS</b>																	
<b>BnB House Sauce</b> V 🌾							✓								✓		
<b>Garlic Mayo</b> V 🌾							✓								✓		
<b>Chipotle Mayo</b> V 🌾							✓								✓		
<b>BBQ</b> V VG	✓												✓		✓		
<b>Buffalo</b> V 🌶️🔥 🌾						✓											
<b>Hot Honey</b> V 🌶️																	
<b>Blue Cheese</b> V 🌾						✓	✓								✓		
<b>Ranch</b> V 🌾							✓								✓		





# BUN & BOWL Updated 05/05/2026

Additional Information: √: contains allergens *: may contains allergens V: vegetarians VG: for vegans    🌶️:mild hot 🌾: gluten free    🌶️:medium hot	Cereal: Wheat	Cereal: Rye	Cereal: Barley	Cereal: Oats	Nuts	Dairy	Eggs	Sesame	Fish	Crustacean	Molluscs	Peanuts	Soya	Celery	Mustard	Sulphur	Lupin
<b>Carolina Mustard</b> V VG 🌾															√		
<b>Sweet Chilli</b> V VG 🌾																	
<b>Cheese Sauce</b> V 🌾						√											
<b>Katsu Curry</b> V VG	√												√	√			
<b>Satay Sauce</b> V VG 🌾	*				√		*	*				√	*				
<b>Sweet&amp;Sour</b> V VG 🌾																	
<b>FOR LITTLES</b>																	
<b>Cheese Burger</b>	√					√		√									
<b>2 Tenders</b>	√					√		*							√		
<b>4 Nuggets</b>	√																





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<b>2 Sausage</b>	√															√	
<b>Little Shredded Chicken</b>	√														*		
<b>2 Spring Roll</b> V VG	√							√					√				
<b>4 Chicken Gyoza</b>	√							√					√				
<b>4 Vegetable Gyoza</b> V VG	√							√					√				
<b>Little Fries</b> V VG	*																
<b>Little Egggy Rice</b> V	√						√	√					√				
<b>SHAKE</b>																	
<b>Vanilla Shake</b> V 🌾					*	√											
<b>Strawberry Shake</b> V 🌾					*	√											





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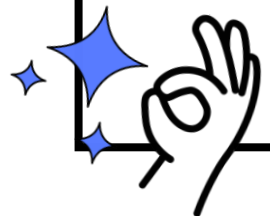
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<b>Chocolate Shake</b> V 🌾					*	✓											
<b>Peanut Butter Shake</b> V 🌾						✓						✓					
<b>Banana Shake</b> V 🌾						✓											
<b>Oreo Shake</b> V	✓					✓							*				
<b>Biscoff Shake</b> V	✓					✓							✓				
<b>Brownie Shake</b> V	✓				*	✓	✓					*	✓				
<b>SWEET</b>																	
<b>Strawberry Cheesecake</b> V	✓				*	✓											
<b>Chocolate Brownie</b> V	✓				*	✓	✓					*	✓				





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<b>Warm Apple Crumble</b> V	√						√									√	
<b>Vanilla Ice-cream</b> V 🌾						*	√										
<b>Strawberry Ice-cream</b> V 🌾						*	√										
<b>Chocolate Ice-cream</b> V 🌾						*	√										
<b>TEA &amp; COFFEE</b>																	
<b>Espresso</b> V VG 🌾																	
<b>Americano</b> V VG 🌾																	
<b>Flat White</b> V 🌾						√											
<b>Cappuccino</b> V 🌾						√											
<b>Latte</b> V 🌾						√											





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<b>Mocha</b> V ☯						√											
<b>Hot Chocolate</b> V ☯						√											
<b>Irish Tea</b> V VG ☯																	
<b>Herbal Tea</b> V VG ☯																	
<b>SODA</b>																	
<b>Coke</b> V VG ☯																	
<b>Coke Zero</b> V VG ☯																	
<b>Diet Coke</b> V VG ☯																	
<b>Fanta Orange</b> V VG ☯																	
<b>Sprite</b> V VG ☯																	





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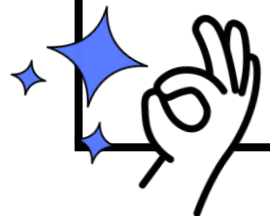
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San Pellegrino (Aranciata) V VG 🌾																	
San Pellegrino (Limonata) V VG 🌾																	
OJ V VG 🌾																	
Pressed Apple V VG 🌾																	
Nature Water V VG 🌾																	
Sparkling Water V VG 🌾																	
Fruit Shoot (Orange) V VG 🌾																	
Fruit Shoot (Apple & Blackcurrant) V VG 🌾																	
<b>BREW</b>																	
Heineken 5% V VG			√														



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<b>Asahi 5%</b> V VG			√														
<b>Somersby Apple Cider 4.5%</b> V VG																	
<b>APÉRITIF</b>																	
<b>Prosecco 5%</b> V VG ☯																√	
<b>Aperol Spritz</b> V VG ☯																√	
<b>RED WINE</b>																	
<b>Cabernet Sauvignon 13.5%</b> V VG ☯																√	
<b>WHITE WINE</b>																	
<b>Sauvignon Blanc 12%</b> V VG ☯																√	





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